Signposts of Recovery

Ivyland 5A/5-Anon 19th Anniversary Meeting

Saturday, June 13, 2020 * 9 am to 1 pm

Virtual Meeting

"Zoom Door" opens at 8:00 am

Register in advance: www.et.gy/lvyland

After registering, you will receive a confirmation email containing information about joining the meeting

Sexaholics Anonymous Greater Philadelphia Area **Welcome!** The members of Ivyland SA and S-Anon hope that your participation in today's anniversary meeting and breakout sessions will help you make progress in your recovery.

Because our Common Welfare comes first, SA and S-Anon members have cooperated in the planning and execution of this event. It is our sincere wish that your presence and participation will enhance the value of this anniversary meeting. By doing so, "great events will come to pass for you and countless others."

The Ivyland SA/S-Anon have worked hard during these unprecedented times to "carry the message", and we hope our Zoom event runs smoothly. Thank you in advance for your patience and participation. We will be grateful for your constructive feedback, and hope this experience was beneficial.

Meetings: SA breakout meetings are defined by SA's Third Tradition: *The only requirement for membership is a desire to stop lusting and become sexually sober*. S-Anon breakout meetings are defined by S-Anon's Third Tradition: *The only requirement for membership is that there be a problem of sexaholism in a relative or friend*.

For more information on SA of the Greater Philadelphia Area, call our confidential hotline number (215) 564-3272, or visit us on the web at https://www.phillysa.org/.

For more information on S-Anon, e-mail us at sanon@sanon.org, call our toll-free confidential number 1-800-210-8141, or visit us on the web at http://www.sanon.org.



The Serenity Prayer

God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference. Thy Will, not mine, be done. Amen.

The Third Step Prayer

God, I offer myself to Thee, to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy Will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy power, Thy love, and Thy way of life. May I do Thy Will always! Amen.

The Seventh Step Prayer

My Creator, I am now willing that You should have all of me, good and bad. I pray that You now remove from me every single defect of character which stands in the way of my usefulness to You and my fellows. Grant me strength, as I go out from here, to do Your bidding. Amen.

[The program] and acceptance have taught me that there is a bit of good in the worst of us and a bit of bad in the best of us; that we are all children of God and we each have a right to be here. When I complain about me or about you, I am complaining about God's handiwork. I am saying that I know better than God. (Big Book, p. 417)



Schedule

Time slots	Торіс		
8:00 - 9:15	Fellowship and Welcoming		
9:15 - 10:15	Work it, You're Worth It (Eddie Z·)	The Third Step (Larry M·)	Self-Care (S-Anon Meeting)
10:15 - 11:15	One Day at a Time (Scott B·)	Gratitude (Jon L·)	Trust (S-Anon Meeting)
11:15 - 12:15	S-Anon Speaker		
12:15 - 1:00	SA Speaker		

