

Capital Area SA Spirituality Retreat

March 6 - 8, 2026



Shepherd's Spring Retreat Center

16869 Taylors Landing Road Sharpsburg,
Maryland 21782

7:00 PM Fri to 1:00 PM Sun

Price: \$268.00 (lodging and food) Scholarship available.

Featuring workshops led by experienced SA members

that focus on prayer and meditation in SA's

Twelve Step Program

Attendance: Open to SA members only.

Location: The retreat center is ~2 hrs. from DC (w/traffic); 15 mi. south of Hagerstown, MD.

Free Time: There will be time to enjoy fellowship, the outdoors, and quiet time.

Food: Buffet meals will be provided on Saturday and Sunday (no dinner Friday). You may also bring your own food, but there are no refunds for meals.

Lodging: We will be staying in single-occupancy rooms with private baths. Linens and towels are provided. Though we may share the facility with another group, we will have a private conference room for our sessions.

Bring with you: clothing appropriate for SA meetings and for the outdoors, toiletries (no strong fragrances please), SA and AA literature, pen and paper.

Register and pay in advance. No walk-ins. Registration is limited to 16 people. We will not accept registrations for only Saturday. Refunds given only with a replacement from the waiting list.

Eat dinner on your own before the retreat starts, and plan to arrive by 7:00 PM Friday.

Questions? Contact Jeff at (301) 928-9177 or jeffery449@gmail.com

Facility website: <https://shepherdsspring.org/>

Facility Tel: (301) 223-8193

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Space is limited. Send this completed form and your payment made out to CASA to the address below early to reserve your spot.

U.S. mail: Jeff S. PO Box 2629, Silver Spring, MD 20915

or email: send ALL information below to jeffery449@gmail.com

Name: _____ Phone #: _____ Home Group: _____

Email: _____ Special Dietary Requirements: _____

Sobriety date: _____ Would you like your contact info on our retreat contact list? _____

___ Check or money order enclosed: ___ I have paid by VENMO @Intergroup Casa (phone code: 6700)

___ Scholarship requested (preference given to first-timers) ___ 6' or taller? Request larger bed